

Symposium and Practical Workshop – „ Around the Ankle „

November 2nd 2017

9AM – 5PM

Venue : Swissotel Tallinn, Tornimäe 3, 10145 Tallinn

Main topics:

1. Osteochondral lesions of talus
2. Peroneus tendons lesions
3. Achilles tendon insertion pathologies
4. Os trigonum , posterior problems - PT & FHL tendon pathologies.
5. Instability of the ankle joint

Practical workshop in 5 working stations : anterior , posterior access to the ankle joint

Two coffee breaks and lunch are provided for the participants

Symposium and practical workshop will give the participant the most recent and up-to-date overview about most common sports-related pathologies around the ankle joint.

Our invited guest speaker **Prof. Niek van Dijk** has won renown as a leading authority for arthroscopic surgery of the ankle and the knee. In particular, he is known for his *Amsterdam Ankle School* (the *Amsterdam Approach*), which places particular emphasis upon a painstaking diagnosis, followed by arthroscopy as a surgical resource rather than a mere diagnostic. His operative techniques have spread throughout the world, and have benefitted leading athletes, as well as ordinary people suffering from ankle problems.



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